



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

Noah's Ark
Children's Hospital for Wales
Ysbyty Plant Cymru



Self-referral to the Children's Physiotherapy service

To complete
the self-
referral, use
this QR code



Experiencing pain or symptoms affecting a
joint, muscle, or struggling with day-to-day
activities?

Did you know you can now self-refer
yourself or your child to the Children's
physiotherapy service?

This service is for patients living in Cardiff and Vale and
aged 16 and under at the time of referral or 16+ and still in
full time education if you have a physical or learning
disability.

